

GORDON COLLEGE ROCK GYM POLICIES

These policies have been developed to ensure the health and safety of the rock gym users as well as a positive atmosphere in the rock gym area. Please read and ask a staff member for any clarification of anything you don't understand. Once you understand these policies, please sign and date the bottom of the second page. These forms will be kept on file at the rock gym.

Conduct

All members and day users are expected to join the staff in promoting a safe and positive recreation and learning environment by using mature judgment in choosing clothing, actions and language. Profane or abusive language will not be tolerated and will be confronted by facility staff. Rock Gym and Bennett Center staff reserve the right to suspend or revoke privileges for any of the following:

- Misconduct
- Misuse of equipment
- Willful destruction of property
- Harassment, profane or abusive language
- Disrespect of staff or other members
- Disregard of operational policies and procedures

Attire & Shoe Policy

Climbers are required wear proper tops, bottoms according to the "Code of Conduct of Gordon College".

- Shirts are to be worn at all times. (a Bennett Center rule)
- Climbers will be asked to carry in a clean pair of shoes to climb in or will be required to rent a pair of climbing shoes in order to keep the facility clean and to prevent sand and dirt from damaging the crash pads or climbing surface.

Rock Gym and Bennett Center Access

All members and day users must enter and exit through the main lobby area and must present a picture ID or Bennett member key tag. 10-Visit members must have their card with them to climb in the Rock Gym. Entrance will be on a first come first served basis due to the possibility of overcrowding. Our space limit is 15 climbers. Bennett Center use is restricted to the Rock Gym, concession area and bathroom.

Areas of Availability

Only the Rock Gym, Concession Area, and Bathrooms are available to Rock Gym Members and Rock Gym Day Users unless they are also members of the Bennett Center.

Signing Forms

Medical Forms, Rock Gym Policies Forms, Waiver and Release of Liability Forms all need to be read and signed by climbers before they can climb.

General Policies:

- Bennett Center use is restricted to the Rock Gym, concession area and bathroom.
- Personal climbing harnesses may be used in the rock gym. Harnesses must be checked by a staff person with each visit. Any gear considered unsafe by staff may not be used in the climbing gym. NOTE: Harnesses must be; 1) less than 10 years old, 2) w/good stitching, 3) w/minimum wear. Harnesses may not be used if there is significant wear/damage or discoloring due to sun, grease, oil, chemicals, etc.
- Only Rock Gym staff are allowed behind the desk, in storage closets, and behind the climbing walls.
- Only Rock Gym staff identified by the Director or Manager may place or tighten holds.
- Thin socks are recommended to be worn with all rental shoes. BYOS (bring your own sock) (Note: shoes are sprayed after each use)

- Do not stand or climb under another climber's fall line. (this includes the bouldering walls as well)
- No gymnastics, tumbling, running or inappropriate activities are allowed in the climbing gym.
- Any other activity other than climbing or a Discovery class using the Nitro Swing is not allowed in the rock gym. Any new ideas or activities should be approved by Rich or the Rock Gym Manager before being attempted in the gym. This includes free climbing, slack lining, lead climbing, etc.
- No improper use of climbing equipment (i.e. hanging or swinging on ropes)
- No loose chalk allowed. Only chalk balls designed "for indoor gyms" are allowed.
- No rock climbing shoes may be worn outside of the rock gym area except to the bathroom and water fountain. (unless it is during a fire drill/ alarm)
- Food and drink must be consumed in the concession area outside of the rock gym. (keep grease off holds)

Climbing Policies:

- Climbers are not allowed to climb higher than the red line without being belayed. (green line for shorter climbers that are shorter than the green line)
- In most cases, climbers must provide their own belayers during "Open Climb". Rock gym staff are unable to belay due to other responsibilities.
- Commands must be used by all climbers and belayers.
- Climbers must stay in route to prevent an unsafe pendulum swing in the event of a fall.
- No climbing without shoes. This means no sandals, socks or barefoot climbing.
- Staff and others are not allowed in the rock gym when it is closed without supervision by the Director or Manager. Times for staff climbing events will be scheduled by the Rock Gym Manager.
- Discovery classes may use the rock gym for classes and make-up events under the supervision of a trained instructor who has completed a training session for Discovery leaders.

Belaying Policies:

- The Retrace Fig. 8 knot is the only knot allowed in the rock gym to attach the belay rope to a harness.
- Belayers must use the brake ready position (top rope ready) for their brake hand. (ask if any questions)
- No one is allowed to belay until they have passed the "Belay Test". (the brake ready is part of the test)
- Belayers must be anchored into the floor properly and standing in such a way that keeps the anchor tight.
- Belayers must wear a glove on their "brake hand" and keep this hand on the belay rope at all times.
- Belayers should make sure the rope is weighted before lowering a climber. (must lower slowly/in control)

I understand the policies as written above and I agree to abide by them.

Signed _____

Date _____

Signature of parent if under 18 _____

Date _____

I give La Vida and Gordon College permission to use any and all photo's taken of me, during the Rock Gym and other LA Vida activities, for promotional materials.

Signature of climber _____

Date _____

Signature of parent if under 18 _____

Date _____

Reviewed by Staff: Signed _____

Date _____