Kinesiology Advising Sheet (Corporate Fitness)  

**Name________________________________**  

**Advisor _____________________________________**

**Date _____________**

**1st Year**  
**Fall**  
12 credits

- **KIN 112**  
  4 credits  
  Fall/Spr

- **CHE 111**
  4 credits  
  Fall

- **ECB 201**
  4 credits  
  Cor/Thm

- **0 credits PhysEd**

**1st Year**  
**Spring**  
16 credits

- **KIN 213**
  4 credits  
  Spring

- **KIN 330**
  4 credits  
  Spring

- **ECB 277**
  4 credits  
  Cor/Thm

- **PE 016**
  0 credits  
  PhysEd

**2nd Year**  
**Fall**  
14 credits

- **KIN 212**
  2 credits  
  Fall

- **KIN 214**
  4 credits  
  Cor/Thm

- **KIN 222**
  4 credits  
  Spring

- **KIN 240**
  4 credits  
  Lang

- **KIN 350**
  4 credits  
  Spring

**2nd Year**  
**Spring**  
12 credits

- **MAT220**
  4 credits  
  Spring

- **KIN 322**
  4 credits  
  Fall

- **PHY119**
  4 credits  
  Cor/Thm

- **ECB 245**
  4 credits  
  Cor/Thm

- **ECB 217**
  4 credits  
  Cor/Thm

**3rd Year**  
**Fall**  
16 credits

- **KIN 310**
  4 credits  
  Fall

- **KIN 320**
  4 credits  
  Fall

- **KIN 370**
  2 credits  
  Spring

**3rd Year**  
**Spring**  
14 credits

- **KIN 350**
  4 credits  
  Spring

- **KIN 370**
  2 credits  
  Spring

- **ECB 245**
  4 credits  
  Cor/Thm

- **0 credits PhysEd**

**4th Year**  
**Fall**  
12 credits

- **KIN 320**
  4 credits  
  Fall

- **KIN 450**
  4 credits  
  Fall

- **ECB 217**
  4 credits  
  Cor/Thm

**4th Year**  
**Spring**  
14 credits

- **KIN 420**
  4 credits  
  Spring

- **KIN 491**
  2 credits  
  Cor/Thm

- **KIN 491**
  2 credits  
  Spring

- **ECB 217**
  4 credits  
  Cor/Thm

- **ECB 245**
  4 credits  
  Cor/Thm

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**Notes:**

1. 36 credits of core courses and 20 credits of thematic courses are required. KIN 112 and PHY 119 fulfill Natural World and Human Person themes. The KIN major fulfills the NSM 202 requirement. ECB 201 fulfills the Civic Responsibility theme.

2. Or, PHY 121 and 122  
4. Lab Component included.

3. Senior standing required.  
5. PE015 or PE016 taken in 1st year, 2 from PE018-099 taken before 3rd year.